### Ministers













### Please pray for God's healing hand to be on those with cancer:

Les Brooks (malignant leukemia); Renee Gunselman's parents; Gregg's cousin Susan, serious cancer Please continue to pray for:

Keith Cornell, Phil & Linda Weimer, Paul & Donna Johnson, Jean Woods, Betty Carter, Reneé's mom, Linda Holland, Charlotte Bibb, Les & Joyce Brooks, Bill Perry, Ron Eastridge & his family, Glenn Hallas & his family, **Gregg Strawn, Hendrickson Family** 

#### **Pray Also For These Health Requests:**

Please pray for Kris Jongkindt's close friend Gary, whose leukemia has returned. This has been a long battle, and the doctors are running out of options. Gary is his wife's caregiver. Please pray for Gary, his family and his friends. (Kris is Maria Zhang's mother.)

Pray for Michael Neuman, as he begins chemotherapy today (Monday 7/26). Please keep praying for Jameson Gollakner, who has been running a fever for a couple days. He is teething and has ear infections. Please pray for this sweet baby and his family. Pray for Amy Pruett's Aunt BJ, who is in extremely poor health.

### Physical:

Please pray for Rolland's cousin, Jeff House, who was just sentenced to 20 years in prison. Pray for Reneé's cousin John Osbourne, who is facing some personal challenges right now. Please pray that he relies on God for his strength.

We pray that God will reveal, work in and create His future for Circle church of Christ, and that we will strive towards God's vision for us.

We lift up everyone we know who is incarcerated, as well as all of their victims, families, and everyone who has been affected by their actions.

#### **Spiritual:**

We join with Eric Bracht in praying our church will exhibit all the fruit of the spirit towards everyone we interact

Military: John, Betty Carter's grandson, Navy

Engaged Couples: Cody Parsons and Michelle Maeda; Tony Chen & Kaitlin Hill; Ryan Bracht & Allaina West Praise:

Gregg Strawn says: Thank you God for many things: teens and parents came to spruce up my house and yard (a task that felt overwhelming); people gave me extra greetings for my birthday and nice gifts of food this week. The Lord's love was expressed through His people in ways that mean a lot to me and show the healthy heart of the congregation.

> Outreach Programs: Bay Area Rescue Mission, Christian Relief Fund, Clothing Drive, East Asian Missions, Food Boxes, Mountain States Children's Home, Orphan Sunday, Quilts for CASA, Special Situations, University Christian Center



541-758-4456 2020circle@gmail.com www.2020circle.com

August 1, 2021

# 2020 Circle Family Times

Sunday: 9:30AM Bible Classes for all ages 10:30AM Worship

Wednesday: Various Life Groups Office Hours: S: 2-5; M-R: 8-4; F: 8-12

# **Family Newsletter**



August 22<sup>nd</sup>: UCC Work Day. We need all the help we can get to make sure the UCC is ready for Fall Term. Please mark this date on vour calendar!

August 27th-28th: Clothing Give Away for Adults. This is our 3<sup>rd</sup> smaller give away, and we will focus on clothing adults in our community. We need your help on these days, and we will also have work parties coming up that we will need your help with too. Please help us make this a success!

## "The Main Thing"

- 1. To **love the Lord** our God with all our heart and with all our soul and with all our mind and with all our strength.
- 2. To love our neighbors as ourselves.
- 3. To go and make disciples of all nations. baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything Christ has commanded us.

## **Upcoming Events**

August 1st. 9:30am: Bible Class

August 1st, 10:30am: Livestream Worship on our website, Facebook & YouTube; In person meeting at Circle Church of Christ

August 3<sup>rd</sup>, 11am: Cooking Through Bible

Class

August 4th, 6:30pm: Holy Holisitic Living Class continues digitally and in person



# Thomas' Takeaways

#### **Trauma**

Trauma is, 'a deeply distressing or disturbing experience.' The hard thing about that is what is deeply distressing or disturbing for one person may either not be for another, or a whole lot worse for someone else. True story — when a C-17 airplane (the airframe I flew on) crashed while I was active duty, we had to watch the video of the crash along with the 'black box' recording of the aircrew. I won't go into detail, but I had PTSD symptoms for the next 8 months from what I heard, whereas one of my friends had to be reminded what event I was talking about when I subtly mentioned it two months in. I had a traumatic experience. He didn't.

In fact, the definition is so wide that some therapists now define trauma as 'anything unexpectedly and negatively out of the ordinary.' While some may see this as an overreaching definition, there is some merit to it. How many of us have had a single negative thing happen to us in the morning, which led to something in the afternoon and then compounded by something negative in the evening which led to an extremely bad day, which then affects us the next day? This can be how depression starts. While a single bad day often isn't the case, many sorts of these days piled together is how divorce happens, abuse starts, jobs are quit, and depression begins.

What this highlights for me is the importance of daily, intimate relationships that notice and support one another in and through the love of Christ. When Scripture says to 'bear one another's burdens' (Gal. 6:2) it's not just talking about in the big things, but perhaps even more importantly in the daily grind, the daily ups and downs of life. What would happen if we each had a few people who see us or check in on us nearly every day that we're close enough to notice when things are not quite right, who can ask, "What's going on?" and "Are you OK?" What would then happen if we had good enough relationships to actually say what was going on and if indeed we were, or weren't, OK?

Life is full of trauma. The church ought to be the first place people want to go when trauma happens to them because of the support, love, care, and help fellow Christians can give, in and through the love of Christ. It's what the church ought to, and I think MUST be, today. Grace to you.

Thoughts, Questions, Notes

## **Update to Covid-19 Protocol**

On 7-28 the CDC and the Oregon Health Authority updated their mask guidance. Due to increased infections tied to the delta variant they now suggest that everyone in a substantial county (including Benton), vaccinated and unvaccinated, use masks indoors. Throughout this pandemic we have tried to follow these guidelines. So, masks are not required, but are suggested. Please continue to give thanks for the improvements we have seen and that Covid-19 be eradicated as soon as possible. -Casey and Mark

Sunday Morning Attendance 71

Last Week's Contribution \$5,606.28

Year to Date Weekly Average \$5,089.79

Weekly Budget \$4,705.29



1655 NW Monroe Ave, Corvallis, OR 97330

Loyalty makes a person attractive. And it is better to be poor than dishonest (Proverbs 19:22 NLT).

What's your strategy to make yourself attractive? Is it more exercise? New hip cloths? Cool bleached surfer hair? A silly mustache? A quick wit? Smooth dance moves? A sports car? A cute puppy? Quoting famous poets and authors? Guitar skills and a lovely singing voice? Being socially connected and going to all the right parties? Planning exciting adventures? Strong leadership skills? Good cooking skills? An impressive salary/401k? Giving genuine complements? Good listening skills? Volunteering to watch peoples kids?

None of the above things are bad (in fact, I've tried all of these strategies to impress girls in the past, and I don't think I was sinning). But what does the Bible say? Loyalty and honesty are the keys to being attractive. Do you want that special someone to admire you more? Commit to them and be honest with them. Do you want that promotion from your boss? Show your loyalty to the company and act honestly in all your dealings. Do you want the love and affection of your family members? Come through with your commitments to them and always tell them the truth. This verse was a big surprise for me but makes a lot of sense.

# Contact Numbers: 541-753-4310 UCC 503-866-9117 cell



# Sunday Servants Aug 1

**Elder of the Month:** Mark Johnson **Deacon/Minister of the Month:** Bob Parsons

**Service Monitor:** A Member

**A/V:**T J Baxter/T Pruett/ B McCaughan/ J Gunselman

**Song Leader:** R Bracht **Opening Prayer:** E Bracht **Communion:** M Johnson

Closing/Pastoral Prayer: C Long

**Speaker:** Thomas Pruett

# **Sunday Servants Aug 8**

A/V: A Member

**Song Leader:** A Member **Opening Prayer:** F Cloutier **Communion:** E Gunselman

Closing/Pastoral Prayer: M Johnson

Many Hands Make Light WorkGet	Involved!	
Circle Facilitator Inside	Eric Bracht	
Outside Circle Facilitator	Jim Calkin	
UCC FacilitatorNathan Lopez, I	Bob Parsons	
Overall SupportM Zhang, G Br	own, J Wise	
Campus MinistryJosh Stutzman, Eric &	Chris Jensen	
Church Safety MinistryRyan McPartli	n, Josh Wise	
Discipleship Ministry	Jose Reyes	
Education MinistryThomas Pruett (Cl		
High SchoolEric Brach		
Adult		
Fellowship MinistryEd, Renee & Joe		
Life Group MinistryJordan &	Kellie Strawn	
Marriage & Family MinistryAdam &		
Media/Web MinistryFrank Cloutier, Bil		
Men of IronRolland House, Bob Parson	s, Jake Shore	
People Needs FacilitatorsTami Brown &		
Clothing Drive LeadCharler	ne Franklund	
Food Boxes LeadCharle	ne Franklund	
Publicity Ministry	.Maria Zhang	
Quilts for CASA	Cathy Brooks	
Roster ListMa	aria Z, Casey L	
Van MinistryBob Parsons, Ch	nris Gollakner	
Visitor Experience Ministry	See Elders	
Vision MinistryElders, Deacons, Ministers, Ministry Leaders &		
Spouses		
Widows Ministry		
Women's MinistryLead: A Member Support Team: T Brown, M Freeman, N Johnson, J Parsons, M Zhang, R Gunselman		
Worship MinistryThomas Pruett & The Worship Team		
Youth MinistryEric & Jann Bracht and Eric &		
Touch William yElic & Jaill Bracit and Elic &	k Cili is Jeliseli	