Ed

Gunselman



Maria Zhang Secretary 41-758-4456

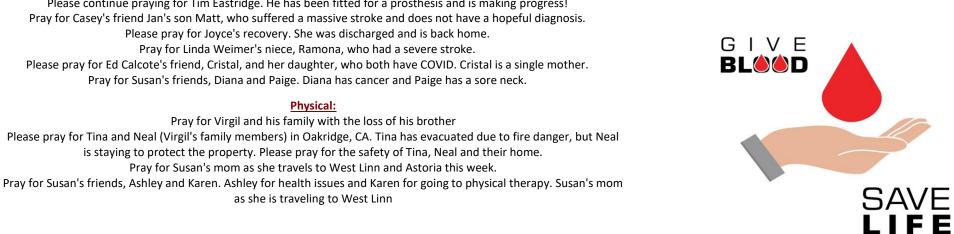


October 2, 2022

2020 Circle Family Times Sunday: 9:30AM Bible Classes for all ages 10:30AM Worship

Wednesday: Various Life Groups Office Hours: Monday-Friday, 8-5

Family Newsletter



October 11th 11 am-6 pm Plenty of times to sign up. Click on the Link to sign up https://www.redcrossblo od.org/give.html

Spiritual:

Pray for everyone who is doubting their faith. Pray they will feed their faith and doubt their doubts.

Military: Justin & Briar Rogers Oregon National Guard, Serving in Poland Expecting Mothers: Alyssa Fieldhouse

Widows, Widowers, and Orphans: Pam Briggs, Ed Calcote, Bobbie Cooke, Anna Dyk, Sarah Giboney, Loralea Glenn, Linda Holland, Susan Melero, Virgil Oakes, Florence Purvis, Jean Schreiber, Luci Spencer, Gregg Strawn, Jean Woods, Geri York; Christian Relief Fund, Mountain States Children's Home, Orphans' Lifeline of Hope

Praise:

Susan gives praise for her weight loss success with Weight Watchers!

Deacons: Eric Bracht, Eric Jensen, Bob Parsons, Jose Reves, Jake Shore

Outreach Programs: Bay Area Rescue Mission, Christian Relief Fund, Clothing Drive, East Asian Missions, Food Boxes, Mountain States Children's Home, Orphan Sunday, Quilts for CASA, Special Situations, University Christian Center

"The Main Thing"

1. To love the Lord our God with all our heart and with all our soul and with all our mind and with all our strength.

2. To love our neighbors as ourselves.

3. To go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything Christ has commanded us.

Upcoming Events

October 11th 11am-6 pm Blood drive February 3rd-5th, 2023 Women's Winter Weekend Lincoln City

541-758-4456 2020circle@gmail.com

www.2020circle.com

Ministers

Please Pray For Our Family

Please pray for God's healing hand to be on those with cancer:

Les Brooks (malignant leukemia)

Please continue to pray for:

Keith Cornell, Phil & Linda Weimer, Paul & Donna Johnson, Jean Woods, Linda Holland, Charlotte Bibb, Les & Joyce Brooks, Glenn Hallas & his family, Gregg Strawn, Reneé Gunselman's parents, Deanna Patton, Connor Murphy's mom

(Linda Murphy), Tim Eastridge (recovery and physical therapy)

Pray Also For These Health Requests:

Please continue praying for Tim Eastridge. He has been fitted for a prosthesis and is making progress! Pray for Casey's friend Jan's son Matt, who suffered a massive stroke and does not have a hopeful diagnosis.

Please pray for Joyce's recovery. She was discharged and is back home.

Pray for Linda Weimer's niece, Ramona, who had a severe stroke.

Please pray for Ed Calcote's friend, Cristal, and her daughter, who both have COVID. Cristal is a single mother. Pray for Susan's friends, Diana and Paige. Diana has cancer and Paige has a sore neck.

Physical:

Pray for Virgil and his family with the loss of his brother

is staying to protect the property. Please pray for the safety of Tina, Neal and their home. Pray for Susan's mom as she travels to West Linn and Astoria this week.

as she is traveling to West Linn

Josh Stutzman

Campus Minister

541-753-4310



From The Desk Of Jennifer

Boss

With the mental gymnastics and sometimes long hours of my job I find myself mentally tired and on cruise control the remainder of the evenings. My eyes began to open to the consistency of this, that it wasn't just that day, or it happened to be the next day too, but it was starting to be every day. I became aware of not being productive in faith and family during the work week. The times I would try and power through and read scripture in the evening, I found myself having to reread paragraphs and not being attentive.

There's something great about a spouse that's one with you, but not in all your personal mental shortsightedness. One day a month ago after I finished work for the day and he saw me zoning out he said "you should go take a nap." I was like "it's 3pm. I'm not taking a nap. I'm not tired." He shrugged and said "if you take a nap now, 20min., and hour, whatever, you have all the rest of the day." I sat in that thought for a while. I could just take a nap. I wasn't overscheduled, I had the time, it just seemed unusual to me to go lay down and rest my mind, especially during the day.

Around this time, I began to hear in Bible study podcasts, and even secular podcasts, speaking of giving your mind rest. What my husband said really called my attention to that. At various points in the Bible Christ withdrew Himself or even His disciples because they needed rest (Mark 6:31). Time during the day at a point when it was needed. We need to be aware of what Christ exemplified in His life when He was here on earth. God calls us to many things that we cannot be productive in when tired, passive, and on autopilot. He tells us to "be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him standing firm in the faith..." (1 Peter 5:8-9). When we are not well rested it is difficult to be alert. It is much easier to bend or to not care, or be too tired to care. If a short rest during the day gives you that refreshment, do it! If our bodies are temples, take care of them. It's easy to remember when physically exhausted to sleep, or when physically injured to go see a doctor. Remember your mind. If we are to control our fleshly desires, have a rested mind. If we are to be alert for evil and sin. have a rested mind.

If we are to love God and our neighbors as we are directed to (Matt. 22:34-40, 1 Peter 4:7-8, 1 Cor. 13:4-7) and have trouble doing so, have a rested mind. Self-reflect. Does your mind need rest so as not to be so distracted, or short on patience and kindness? We are called to cultivate discipline of our emotions, reactions, self, and treatment of others (James 1:19-21). Set yourself up for success throughout the day so as to live how we are called to live.

I have noticed 9/10 times my husband and I have a disagreement that starts to escalate, it's in the evening. We're both tired. It takes mental energy and prioritization to stop and ask questions, to see something from the other side, and to make selfless decisions. Be well rested. Go into a situation, or pause and come back to a situation when you have the mental energy to practice peace and kindness and good judgement. If you're not mentally fit to pray or seek the Lord in scripture, then you are not in a good mindset to interact and be productive with other people.

I hope this encourages you in noticing what rest you might need at times. It's often in the quiet times we see and hear God, and the quiet mind that He's revealing His Will to us through scripture and other people. Be encouraged and blessed this week. Thoughts, Questions, Notes



Feb 3rd-5th

"The Dawn Treader" Lincoln City

Cost is \$100 (meals and lodging)

Registration starts October 16th

Full Payment due Jan 22, 2023

Theme is "Through it all, God has been there"



Sunday Morning Attendance	92
Last Week's Contribution	\$4,542.77
Year to Date Weekly Average	\$4,419.39
Weekly Budget	\$5,284.00



1655 NW Monroe Ave, Corvallis, OR 97330



Contact Numbers:

541-753-4310 UCC

503-866-9117 cell

We are off to a good start! 5 at Sunday Bible Class, 18 at our Sunday Night Milkshake party and 21 at Tuesday Devo. We've got students from Taiwan, Japan, India, Singapore, America and China this year. Special thanks to Bill and Gail for cooking. Also, thanks to George House, Jason Cuo, Garry Winter and Shawn Durr for leading small group discussions last week. They asked everyone, "what is your experience with Spiritual things? Do you believe in God? If yes, what is he like in relationship to you?" We have Christians, Agnostics, Atheists and Hindus. Our group is growing in numbers, diversity and leadership. Praise God!

Another cool thing that happened this week is Sai crashed at my house for a few days. He asked me if we could read the Bible every night, so we started in John 1. My other renters, Jason and Masataka asked if they could join a few nights later. The most miraculous thing happened 3 nights into the study. I was working late and didn't make it home by 10 pm for the study. When I walked into my house, Sai, Jason and Masataka (all non-Christians) were studying the Bible without me. God is moving!

Sunday Servants Oct 2

Elder of the Month: Rolland House Deacon/Minister of the Month: Jose Reyes Service Monitor:

A/V: F Cloutier/N cloutier; j house/ B McCaughan Song Leader: Nathanial Franklund Opening Prayer: D Patton Communion: E Braht Closing/Pastoral Prayer: E Gunselman Speaker: George House Sunday Servants Oct 9th

A/V: Baron/J Gunselman; A Brooks/F Cloutier Song Leader: George House Opening Prayer: F Cloutier Communion: B McCaughan Closing/Pastoral Prayer: J Stutzman Speaker: Casey Long

From Loretta Hartman:

Today I leave my beloved Church Family. Today I leave the most beautiful place I've known. It is with great sadness that I go. To all the Families that hosted my crazy self in your homes BIG HUG and Thank you. It made our time together so very special. I will be back sooner than later.

Many Hands Make Light WorkGet Involved!		
Circle Facilities Manager (Inside)Eric Bracht		
UCC Facilities Manager	Nathan Lopez, Bob Parsons	
Campus Ministry	Josh Stutzman, Eric & Chris Jensen	
Education Ministry	(CR-8 th Grade)	
	Eric Bracht, Eric Jensen	
	Rolland House Jann Bracht	
	Frank Cloutier, Bill McCaughan	
	Rolland House	
Clothing Drive Lead		
	Charlene Franklund	
	Cathy Brooks	
	Bob Parsons, Chris Gollakner	
•	L Munson	
-		
Women's MinistryT Brown, M Freeman, R Gunselman, N Johnson, J Parsons, M Zhang		
Youth MinistryEric & Jann Bracht and Eric & Chris Jensen		
routinistryEne & Jain Bracht and Ene & Chris Jensen		